**Second Generation Questionnaire**  
6th Version

*This is a questionnaire for adult children of Holocaust survivors that attempts to study the specific effects of the Holocaust on the Second Generation.*

Country of birth: ___________ Year of birth: _______ Country of residence: ___________ Sex: Male / Female

*Please indicate which response alternative is the most suitable for you!*

<table>
<thead>
<tr>
<th></th>
<th>No</th>
<th>Seldom</th>
<th>Some-</th>
<th>Often</th>
<th>Yes, always</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(1)</td>
<td>(2)</td>
<td>(3)</td>
<td>(4)</td>
<td>(5)</td>
</tr>
</tbody>
</table>

1. My parent/s Holocaust experiences had a significant impact on me. 
   - (1) Never (2) Sometimes (3) Often (4) Always

2. My parent/s transmitted his/her burden to me. 
   - (1) Never (2) Sometimes (3) Often (4) Always

3. I absorbed the inner pain of my parent/s. 
   - (1) Never (2) Sometimes (3) Often (4) Always

4. I felt that I had to protect my parents. 
   - (1) Never (2) Sometimes (3) Often (4) Always

5. I felt guilty when my parent was unhappy. 
   - (1) Never (2) Sometimes (3) Often (4) Always

6. I felt responsible for the feelings of my parents. 
   - (1) Never (2) Sometimes (3) Often (4) Always

7. I felt like a parent to my parent. 
   - (1) Never (2) Sometimes (3) Often (4) Always

8. I am preoccupied with the Holocaust. 
   - (1) Never (2) Sometimes (3) Often (4) Always

9. I am afraid of another Holocaust. 
   - (1) Never (2) Sometimes (3) Often (4) Always

10. I feel different because my parents were survivors. 
    - (1) Never (2) Sometimes (3) Often (4) Always

11. I worry that something terrible is going to happen. 
    - (1) Never (2) Sometimes (3) Often (4) Always

12. I cannot stand too much stress. 
    - (1) Never (2) Sometimes (3) Often (4) Always

13. I have nightmares about the Holocaust. 
    - (1) Never (2) Sometimes (3) Often (4) Always

    - (1) Never (2) Sometimes (3) Often (4) Always

15. The Holocaust Memorial Day is significant for me. 
    - (1) Never (2) Sometimes (3) Often (4) Always

16. Viewing Holocaust films are painful to me. 
    - (1) Never (2) Sometimes (3) Often (4) Always

17. I have dreams of being in the Holocaust. 
    - (1) Never (2) Sometimes (3) Often (4) Always

18. I feel sad as if I was mourning. 
    - (1) Never (2) Sometimes (3) Often (4) Always
19. I feel anxious when reminded of the Holocaust. (1) (2) (3) (4) (5)
20. I have difficulties in expressing anger. (1) (2) (3) (4) (5)