

Second Generation Questionnaire
6th Version

This is a questionnaire for adult children of Holocaust survivors that attempts to study the specific effects of the Holocaust on the Second Generation.

. Country of birth: _____ Year of birth: _____ Country of residence:
_____ Sex: Male / Female

Please indicate which response alternative is the most suitable for you!

| | No, Never | Seldom | Some- times | Often | Yes, always |
|--|----------------------|---------------|------------------------|--------------|------------------------|
| | (1) | (2) | (3) | (4) | (5) |
| 1. My parent/s Holocaust experiences had a significant impact on me. | (1) | (2) | (3) | (4) | (5) |
| 2. My parent/s transmitted his/her burden to me. | (1) | (2) | (3) | (4) | (5) |
| 3. I absorbed the inner pain of my parent/s. | (1) | (2) | (3) | (4) | (5) |
| 4. I felt that I had to protect my parents. | (1) | (2) | (3) | (4) | (5) |
| 5. I felt guilty when my parent was unhappy. | (1) | (2) | (3) | (4) | (5) |
| 6. I felt responsible for the feelings of my parents. | (1) | (2) | (3) | (4) | (5) |
| 7. I felt like a parent to my parent. | (1) | (2) | (3) | (4) | (5) |
| 8. I am preoccupied with the Holocaust. | (1) | (2) | (3) | (4) | (5) |
| 9. I am afraid of another Holocaust. | (1) | (2) | (3) | (4) | (5) |
| 10. I feel different because my parents were survivors. | (1) | (2) | (3) | (4) | (5) |
| 11. I worry that something terrible is going to happen. | (1) | (2) | (3) | (4) | (5) |
| 12. I cannot stand too much stress. | (1) | (2) | (3) | (4) | (5) |
| 13. I have nightmares about the Holocaust. | (1) | (2) | (3) | (4) | (5) |
| 14. I feel as "replacement" for dead relatives. | (1) | (2) | (3) | (4) | (5) |
| 15. The Holocaust Memorial Day is significant for me. | (1) | (2) | (3) | (4) | (5) |
| 16. Viewing Holocaust films are painful to me. | (1) | (2) | (3) | (4) | (5) |
| 17. I have dreams of being in the Holocaust. | (1) | (2) | (3) | (4) | (5) |
| 18. I feel sad as if I was mourning. | (1) | (2) | (3) | (4) | (5) |

19. I feel anxious when reminded of the Holocaust. (1) (2) (3) (4) (5)

20. I have difficulties in expressing anger. (1) (2) (3) (4) (5)