Written test in the theory of Psychodrama

P.F. Kellermann

- 1. What was Moreno's contribution to group psychotherapy?
- 2. What is the focus of sociodrama in comparison to psychodrama?
- 3. How would you define psychodrama?
- 4. What is the function of the auxiliary ego in psychodrama?
- 5. What is the function of the auxiliary ego in human development?
- 6. Which are the four professional roles of the psychodramatist?
- 7. Describe some of the different kinds of warm-ups in psychodrama.
- 8. Describe shortly the eight phases of classical psychodrama within the Hollander curve.

9. Which are the four main psychodramatic techniques?

10. Put these techniques in correct order within the process of child development.

11. Give two definitions (wide and narrow) of the concept "sociometry".

12. What is a "sociogram"?

13. Give two definitions of the concept "social atom."

14. Define the concept of spontaneity according to Moreno and common usage.

15. Which two main components are included in the concept "role"? 16. Mescribe the six main therapeutic aspects of psychodrama with their appropriate concepts.

17. Which two strategies are used to work with resistances?

18. According to which criteria is it possible to build psychodrama groups?

19. What is the meaning of the concept "tele"?

20. What is the difference between the meaning of "acting out" in psychodrama and in psychoanalysis?

21. What is the meaning with the emphasis on "here-and-now" in psychodrama?

22. What is the meaning of the word "action insight" within psychodrama?

23. How do we call psychodrama without a group?

24. Who plays the role of the other in such a setting?

25. What is the connection between social psychology and the theory of Moreno?

26. Which are the main differences between psychodrama and Gestal therapy?

27. Which are the main differences between psychodrama and drama therapy?

28. What did Moreno mean with his saying that the roles develop before the ego?

29. Describe the meaning of the concept "surplus reality".

30. What did Moreno hope to achieve with "sociatry"?