HOLOCAUST TRAUMA

PSYCHOLOGICAL EFFECTS AND TREATMENT

By Natan P.F. Kellermann, PhD

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The enormous impact of Holocaust Trauma upon the survivors becomes even more apparent as the years go by, because for them, the passage of time makes it even more difficult to cope. Such late consequences are a part of the present lives of millions of people around the world. But it does not only affect the approximately half a million first generation of Holocaust survivors, who are already in their 80s or older. It also affects their children and grandchildren, as well as their spouses and caretakers. Collectively, it influences the Jewish populations in Israel and elsewhere, as well as the non-Jewish populations, such as the societies in Germany and Austria, and other war-torn European and non-European countries. The Holocaust is in their blood, in their bones and on their minds. This book does not only describe such longterm effects, it also suggests various intervention approaches for individuals, groups and societies that can be generalized to other similar catastrophic events in history.



Natan P.F. Kellermann, PhD is a clinical psychologist who has worked with Holocaust survivors and their families for many years within the National Israeli Center for Psychosocial Support of Holocaust Survivors and the Second Generation (AMCHA), and at the International School for Holocaust Studies in Yad Vashem.

Contents: Foreword by Haim Dasberg. Preface. 1. Holocaust Trauma. 2. Holocaust Trauma in Holocaust Survivors. 3. Holocaust Trauma in Child Survivors. 4. Holocaust Trauma in Children of Survivors. 5. Holocaust Trauma in Grandchildren of Survivors. 6. Holocaust Trauma in Israel. 7. Holocaust Trauma in Germany and Austria. 8. Unconditional Hate. References. Index.

"Holocaust Trauma: Psychological Effects and Treatment is a long awaited text from one of the most experienced and knowledgeable psychologists in the world. The text is groundbreaking in its sensitivity, historical grounding, insight and scholarship." Michael A. Grodin, M.D. Professor and Director, Project on Medicine and the Holocaust, Elie Wiesel Center for Judaic Studies, Boston University.

"Read this book with great benefit. I admire the solid bibliography, and the detailed history." Hedi Fried, Dr HC. Psychologist, Author, Holocaust Survivor.

"I find the book to be excellent as it thoroughly reviews the existing literature on the subject, and it does it in a very clear, easy to read and comprehensive way. The work done at Amcha, as described in the book is very impressive - we can learn a lot from this book. I think it is a good book for both professionals and lay people." Shoshana Yaakobi, BSW, MSW, RSW - Holocaust Resource Program Coordinator, Baycrest.

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