

Becoming old isn't as bad as they say.

Natan P.F. Kellermann, December 2018

Becoming old isn't as bad as they say.

It's certainly not boring.

There are new things happening all the time,

Every day brings a new surprise

Different body parts stop functioning and start aching.

Memories from long ago suddenly appear and replace what happened just a moment ago.

Shitting and peeing becomes a real pleasure.

The rubbish that is being said cannot be heard clearly.

Nobody expects you to remember their names, to lift heavy things or to bother with learning new technology.

Losing weight is no longer a struggle.

Time becomes plentiful and enough to compare illnesses with friends.

Sleep comes easily as soon as the TV is on.

People will get less offended when you tell them what you are thinking, even if it isn't polite or politically correct.

If you can just let yourself be swept away and relax, you will enjoy every moment of it.

Becoming old isn't as bad as they say.

Few people know that it's a marvelous time, and certainly much better than any alternative.

You should try it one day!

I would not have liked to miss it for anything.